

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1	2	3
				Chocolate Frosted Long John
				Lucky Charms Fun with D&J Crackers
				Fruit Selection Juice Selection Choice of Milk
6	7	8	9	10
Cinnamon Cream Cheese Filled Bagel	Breakfast Toaster Sandwich	Coffee Cake Cheese Stick	Easy Egg Bake Whole Grain Toast	Chocolate Frosted Long John
OR Plain Bagel Cream Cheese, plain Cheerios Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cinnamon Chex Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cinnamon Toast Crunch Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Canned Fruit 100% Grape Juice 1% Unflavored Milk
13	14	15	16	17
Fluffy Pancakes	Breakfast Sandwich	Blueberry Muffin Cheese Stick	Breakfast Burrito	Plain Long John
Cheerios Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cinnamon Chex Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cinnamon Toast Crunch Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cocoa Puffs Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Lucky Charms Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk
20	21	22	23	24
Brekkie	Sausage Breakfast Pizza	Banana Chocolate Loaf Cheese Stick	Breakfast Taco	Vanilla Frosted Long John
Cheerios Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cinnamon Chex Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cinnamon Toast Crunch Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Cocoa Puffs Fun with D&J Crackers Fruit Selection Juice Selection Choice of Milk	Choice of Cereal Fun with D&J Crackers Fresh Fruit Bar 100% Grape Juice 1% Unflavored Milk
27	28	29	30	31
Biscuits and Gravy	Chicken Breakfast Biscuit	Breakfast Flatbread	Mini Eggo Waffles	Vanilla Frosted Long John
Cheerios Fun with D&J Crackers Fruit Selection	Cinnamon Chex Fun with D&J Crackers Fruit Selection	Cheese Stick Cinnamon Toast Crunch Fun with D&J Crackers Fruit Selection	Cocoa Puffs Fun with D&J Crackers Fruit Selection	Lucky Charms Fun with D&J Crackers Fruit Selection Juice Selection
Juice Selection Choice of Milk	Juice Selection Choice of Milk	Juice Selection Choice of Milk	Juice Selection Choice of Milk	Choice of Milk

PRICES

EXTRA INFO





Your MENUS plus more Information on our app Taher Food4Life®

